# Disability Project

#### What is your disability?

**Emotional Disability** 

# What is the definition of your disability? And in your own words?

Parentcenterhub.com says that ADHD

**is** "Attention-Deficit/Hyperactivity Disorder (AD/HD) is a condition that can make it hard for a person to sit still, control behavior, and pay attention".

ADHD is when you can't sit long, and you have to be doing something.

What are some specific challenges a person with this disability may need to overcome?

## How does your disability affect you?

## How do you cope with your disability?

#### Famous people with your disability

What is one thing you never knew about this disability that you learned from doing this research?